



## **PSHE Policy**

**2025 - 2026**

**“Work hard, be kind”**

At Carnarvon Primary School, we use the non-statutory framework and guidance for Personal, Social and Health Education (PSHE) for Key Stages 1 and 2 from the National Curriculum (2014) and the updated statutory guidance for Relationships Education (2020). We additionally use the PSHE and Citizenship scheme of work from Twinkl Educational Publishing.

## **Aims and Objectives**

Our PSHE curriculum aims to equip children with essential skills for life in society now and in the future. It enables them to become healthy, confident, independent and responsible members of society. We encourage our children to play a positive role in contributing to the life of the school and the wider community; in so doing, we help develop their sense of self-worth by delivering a balanced and broadly based curriculum. We teach them how society is organised and governed and about rights and responsibilities. They learn to appreciate what it means to be a positive member of a diverse, multicultural society. PSHE helps children acquire the skills, knowledge, understanding, attitudes, and values necessary to make sense of their life experiences and feel confident and informed.

We aim to prepare our children for their future by delivering a comprehensive PSHE programme. PSHE aims to enable the children to:

- develop spiritually, morally, socially and culturally;
- know and understand what constitutes a healthy lifestyle;
- be aware of safety issues;
- understand what makes for good relationships with others;
- understand and manage their emotions;
- value themselves and respect others;
- acknowledge and appreciate difference and diversity;
- be independent and responsible members of the school and the local community;
- be positive and active members of a democratic society;
- develop self-confidence and self-esteem and make informed choices regarding personal and social issues;
- safeguard the environment;
- develop good relationships with other members of the school and the wider community;
- learn how to keep themselves safe;
- prepare pupils for the opportunities, responsibilities and experiences of later life.

The PSHE programme is delivered through resources from Twinkl Educational Publishing and various sources linked to themes. The PSHE programme will enable the children to:

- develop confidence and responsibility and make the most of their abilities;
- play an active role as citizens;
- develop a healthier, safer lifestyle;
- develop good relationships and respect differences between people;
- learn about how to keep themselves safe.

## **Teaching and Learning Style**

At Carnarvon Primary School, a range of teaching and learning styles are adopted. We emphasise active learning by including the children in discussions, role-play, investigations and problem-solving activities. We encourage the children to participate in a range of practical activities that promote active citizenship, e.g., charity fundraising, planning special events such as a special assembly, or involvement in activities to help individuals or groups less fortunate than themselves. Classes are organised so that students can participate in discussions to resolve conflicts or to set agreed classroom rules of behaviour. We offer our children the opportunity to hear visiting speakers, such as police and representatives from local churches, who we invite into school to talk about their role in creating a positive and supportive local community.

## **PSHE Curriculum Planning**

Our PSHE scheme of work is designed to be taught in thematic units, each consisting of six lessons, with supporting materials including a planning overview, assessment statements, a learning journey record, and display materials. Units are taught in a spiral curriculum that revisits each theme every two years. This enables children to recall and build upon previous learning, exploring the underlying principles of PSHE regularly at a depth appropriate for the child's age and stage.

## **Inclusion**

Teachers provide learning opportunities matched to the individual needs of all children, including those with learning difficulties. Sensitivity is applied to children's individual needs.

## **Assessment and Recording**

Assessment for learning opportunities are built into each lesson. Each lesson begins with a discussion of children's existing knowledge and experience, providing an opportunity for baseline assessment. Each lesson ends with an opportunity to consolidate and reflect upon learning. Tools for summative assessment allow progress to be recorded and tracked.

Good examples of work are displayed in class floor books.

Children identified by their teacher as struggling in specific PSHE areas are assessed using the PSHE area of B Squared. Their progress is assessed termly and, where appropriate, shared with the child's parents. For example, at SEN Review Meetings.

## **Monitoring and Review**

The PSHE subject leadership team is responsible for monitoring the standards of children's work and the quality of teaching. The subject coordinators will support colleagues in teaching PSHE by providing information on current developments in the subject and by providing strategic leadership and direction for the subject in school. The policy will be reviewed annually.

Rebecca Cooke September 2025  
To be reviewed: September 2026