

1. Changing Bodies

To learn how their body will change as they approach and go through puberty.

To understand that they have the right to protect their body from inappropriate and unwanted contact.

I can describe the changes people's bodies go through during puberty and how we can look after our changing bodies.

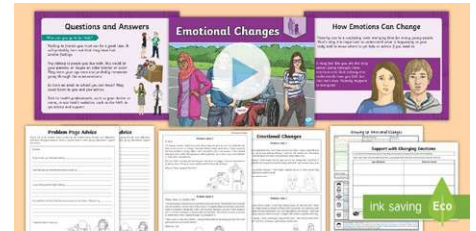


2. Emotional Changes

To learn about the ways in which puberty can affect us emotionally.

I can describe how thoughts and feelings may change during puberty and suggest how to deal with those feelings.

- whiteboards
- pens



3. Just the Way You Are

To understand the influences around us that affect body image and the way we see ourselves.

I recognise that many things affect the way we feel about ourselves and I understand that there is no such thing as an ideal kind of body.

- whiteboards
- pens



4. Relationships

To learn about the difference between sex, gender identity and sexual orientation and the terms associated with sex, gender identity and sexual orientation.

To learn that forcing anyone to marry is a crime; that support is available to protect and prevent people from being forced into marriage and to know how to get support for them self or others.

I understand what a loving relationship is and that there are many types of relationships.



5. Let's Talk about Sex

To understand the term 'sexual relationship'.

I understand what a sexual relationship is and who can have a sexual relationship.



6. Human Reproduction

To learn about human reproduction.

I can describe the process of human reproduction, from conception to birth.

